

# My Digital Identity

Cyber Safety Lesson Plan (7-9 years old)

This lesson educates students on the concept of digital identity, focusing on creating safe and appropriate usernames and avatars for online use.

## Learning Objectives

Students will be able to:

- Develop and apply criteria for creating a safe and appropriate username for an online profile.
- Design an avatar that is safe for online use.

## Duration

30 minutes

## Key Concepts

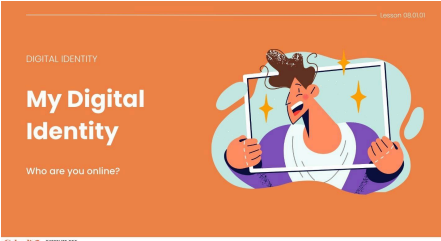
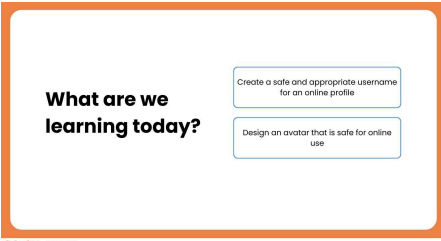
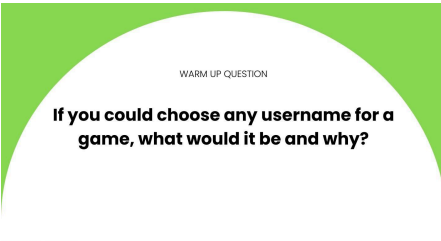
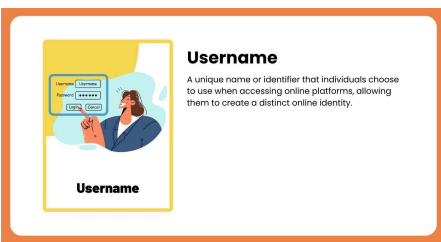
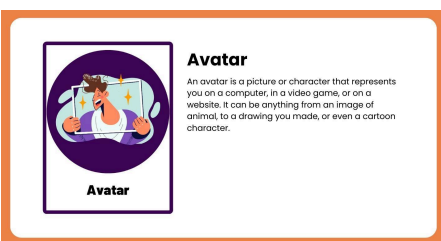
- **Username:** A unique name or identifier that individuals choose to use when accessing online platforms, allowing them to create a distinct online identity.
- **Avatar:** A picture or character that represents a user on a computer, in a video game, or on a website. It can be anything from an image of an animal to a drawing or a cartoon character.

## What You'll Need

- Paper
- Markers, pens, or pencils

## Internet Independent Framework

The learning objectives in this workshop are aligned with the Digital Identity pillar of the Internet Independent Framework. Visit [cyberlite.org](https://cyberlite.org) for more information.

LESSON SLIDE	WHAT TO SAY OR DO
 <p>Slide 1</p>	<p>Welcome students to the lesson and briefly explain that today's lesson is about their digital identities.</p>
 <p>Slide 2</p>	<p>Share the lesson objectives of what students will be learning today.</p>
 <p>Slide 3</p>	<p>Start the lesson by asking students what username they would choose for a game and why. This helps them start thinking about their online identity.</p>
 <p>Slide 4</p>	<p>Explain what a username is and its role in creating an online identity. Emphasise the importance of choosing a username that is unique and doesn't reveal personal information.</p>
 <p>Slide 5</p>	<p>Discuss the role of an avatar in digital representation and encourage creative thinking about their own online representation.</p>

**Why Do We Use Usernames and Avatars?**

**USERNAME**  
ThunderHawk0021

**Avatars** let you be creative and show your personality while keeping your real picture private.

**Usernames** help keep your real name and information safe on the internet. It's like a fun nickname that you pick!

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Slide 6

Elaborate on the safety benefits of usernames and avatars, particularly in protecting real identity and personal information.

**How to choose a good username**

Pick a username that's unique and fun but doesn't share your real name, like "ThunderHawk0021" or "SuperGamer123!"

**USERNAME**  
ThunderHawk0021

Don't use your real name, birthdate, or personal information in your username.

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Slide 7

Offer guidance on selecting a safe and appropriate username, highlighting the need to avoid personal information.

**How to choose a good avatar**

When choosing an avatar, select a picture or character that you like and that shows your interests, like a favourite animal or hobby. Remember to keep your avatar friendly and appropriate!

Don't use a photo of yourself that shows your face or school uniform.

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Slide 8

Guide students in selecting a suitable avatar, focusing on creativity and appropriateness, and advising against using personal photos.

**ACTIVITY**

**Create Your Unique Username and Avatar**

Design a unique identity for your online adventures!

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Slide 9

Lead an activity where students create their own usernames and avatars.

**What You'll Need**

- Paper
- Markers, pens, or pencils

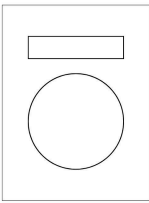
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Slide 10

Hand out the materials needed for this activity.

**Instructions**

1. On your paper, draw a rectangle and a large circle.



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Slide 11

Follow the instructions on the slide.

**Instructions**

2. Create a unique username that doesn't contain any personal details. One fun way to come up with your username is by combining an adjective and an animal together.

CHOOSE AN ADJECTIVE

- Happy
- Funny
- Beautiful
- Silly
- Brilliant

+

CHOOSE AN ANIMAL

- Dinosaur
- Zebra
- Bear
- Horse
- Lizard

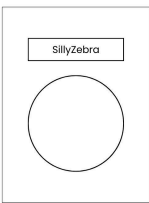
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Slide 12

Have students create a username by combining an adjective and an animal together, ensuring their anonymity online. Encourage students to be creative and come up with their own adjectives and animals.

**Instructions**

3. Once you've decided on your unique username, write your it in the rectangle.




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Slide 13

Write the new username in the rectangular box.

**Instructions**

4. Draw your avatar in the circle. You can draw a picture of the animal you've chosen, or a hobby you enjoy. Make sure to colour it in!



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Slide 14

Encourage students to get creative with their avatars, reminding them to use cartoons or drawings when they set up any online accounts instead of a real photo of themselves.

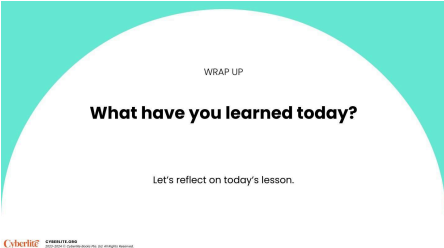
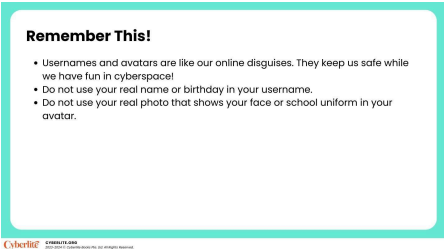
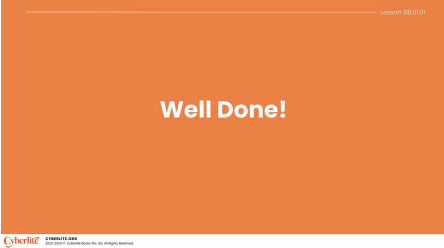
**Group Sharing!**

Share your work with the rest of the class.

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Slide 15

After the drawing activity, have students share their work with the class.

 <p>WRAP UP</p> <p><b>What have you learned today?</b></p> <p>Let's reflect on today's lesson.</p> <p><small>Cyberlite © 2011 Cyberlite Books Pte. Ltd. All Rights Reserved.</small></p> <p>Slide 16</p>	<p>Recap the key lessons, encouraging students to think about the significance of their digital identity and maintaining it securely.</p>
 <p><b>Remember This!</b></p> <ul style="list-style-type: none"><li>• Usernames and avatars are like our online disguises. They keep us safe while we have fun in cyberspace!</li><li>• Do not use your real name or birthday in your username.</li><li>• Do not use your real photo that shows your face or school uniform in your avatar.</li></ul> <p><small>Cyberlite © 2011 Cyberlite Books Pte. Ltd. All Rights Reserved.</small></p> <p>Slide 17</p>	<p>Reinforce the key messages: usernames and avatars serve as safe online disguises, and personal information must remain private.</p>
 <p><b>Well Done!</b></p> <p><small>Cyberlite © 2011 Cyberlite Books Pte. Ltd. All Rights Reserved.</small></p> <p>Slide 18</p>	<p>Congratulate the students on their progress and motivate them to uphold safe online practices.</p>